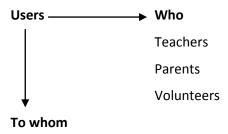
ArctiChildren InNet (2012-2014) ENPI - Empowering School e-Health Model in the Barents region

Seminar in Luleå, Sweden 6.-7.2.2013

Workshops - Challenges and ways to use the web page in the cross border development work?

## 1. Classroom level; multimodalities

The teachers can take the website as a reference while teaching health related subject to the students. They are shown the materials by the teacher. Introduction of the website to them. A forum for only the class can be viewed by the teachers and students enhancing their communication and relationship. They can share their problems with people they know. Using and developing a chat forum. Specific theme: asking questions related to anything under supervision or anytime when they have free time. How to behave in social media? -> Online principles. Classroom collaboration among different countries on specific subject in order to have interaction and empowerment. Forming partnership between pupils. Involve children and parents in the development of the web page. Cross border communication.



School children

Comments:

Me and my sports achievements.

What makes me feel well?

Healthy food after the polar night.







## 2. Expert-pupils level

The senior group can share their experience. The problems that the juniors face can help them to face and overcome through that by giving suggestions and opinions.

Answers to the related questions by social worker or public health nurse.

Example: Monday: nurse, Tuesday: psychologist, Wednesday: social worker, Thursday: trainer (PT), Friday: diet expert and so on. Parents can be involved as experts.

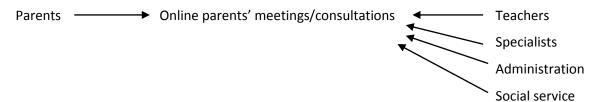
## 3. Home-school collaboration level

Parents-teachers forum.

Parent's chat-room. Sharing their problems and getting ideas for better helping their children.

Chat-room -> Cross border chat forum.

Student visit to another country -> They will learn to know each other's culture. Doing workshops together to know each other. Learning from each other's culture. They will learn to be multicultural society from beginning. Raise awareness among parents, teachers and experts. Sharing ideas about good practices. Online meetings: relating to family/parent meetings, problem solving strategies. Co-ordinator arranging online meetings: specific time. Password for parents too so they can ask questions related to their children. Information regionally about what's going on. Traditional events – online meetings. Festive occasions. Raising awareness.



## Comments:

Physiological development

Time spent on computers/internet

Influence of the internet on children's health

Necessity of preventive measures against illnesses (vaccination)

How to deal with adolescents in certain situations





